



People Centered Palliative Care: Policy and implementation

International Health Policy Forum

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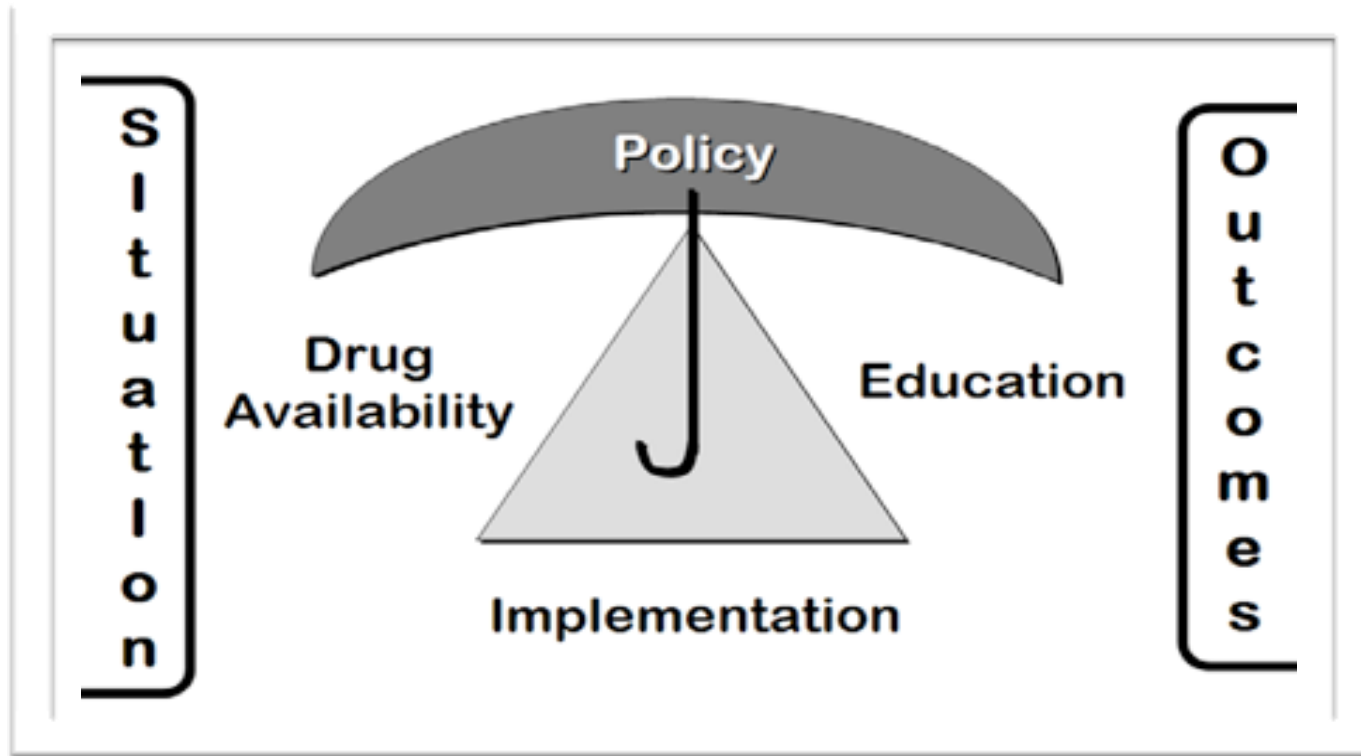
Executive Director

Worldwide Hospice Palliative Care Alliance



- **What are the barriers to palliative care?**
- **How do we overcome them?**
- **The Public Health Model for Implementing Palliative Care (PC)**

The Public Health Model of Palliative Care Development



Stjernsward J, Gómez-Batiste X.
(2008)

Policy

- Needs assessment
- Legal recognition
- Standards of operation
- Guidelines and protocols
- Specialty recognition
- Licensing and regulation
- National strategy for implementation

Specialty Recognition

- Recognized in 38 countries (many others in process)
- Specialty in 13 countries
- Sub-specialty in 27 countries (2 both)

Public Health Model - Medicine

- Medication Availability
 - Opioids
 - Oral forms
 - Other Essential Medications
 - Drug Control & Prescriptive Authority



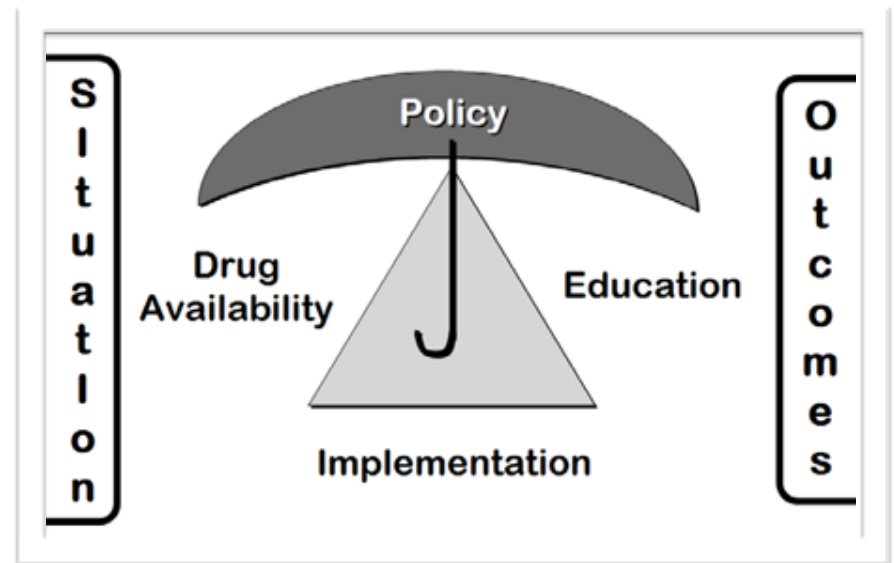
Essential Medicines for PC

- Oral morphine immediate & slow release
- Other analgesics
- For other symptoms
 - Anti-depressants
 - Anti-emetics
 - Anti-seizure
 - Bowel protocol
 - And so forth



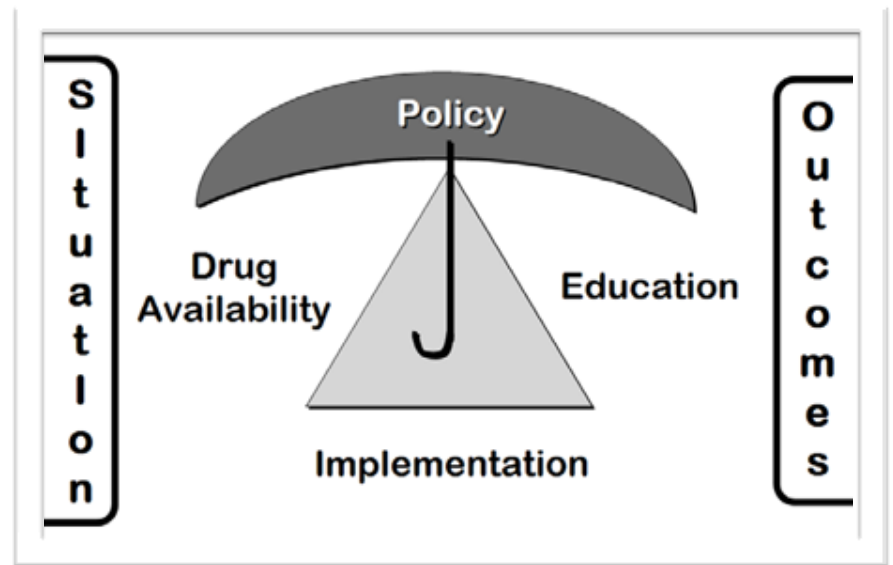
Public Health Model - Education

- Education
 - Curricula
 - Clinical Guidelines
 - National Training Center(s)
 - Primary, Secondary, Tertiary



Public Health Model - Implementation

- Implementation
 - Scale up of care provision
 - Home based care
 - Inpatient & outpatient care
 - Consultative services
 - Primary, secondary, tertiary



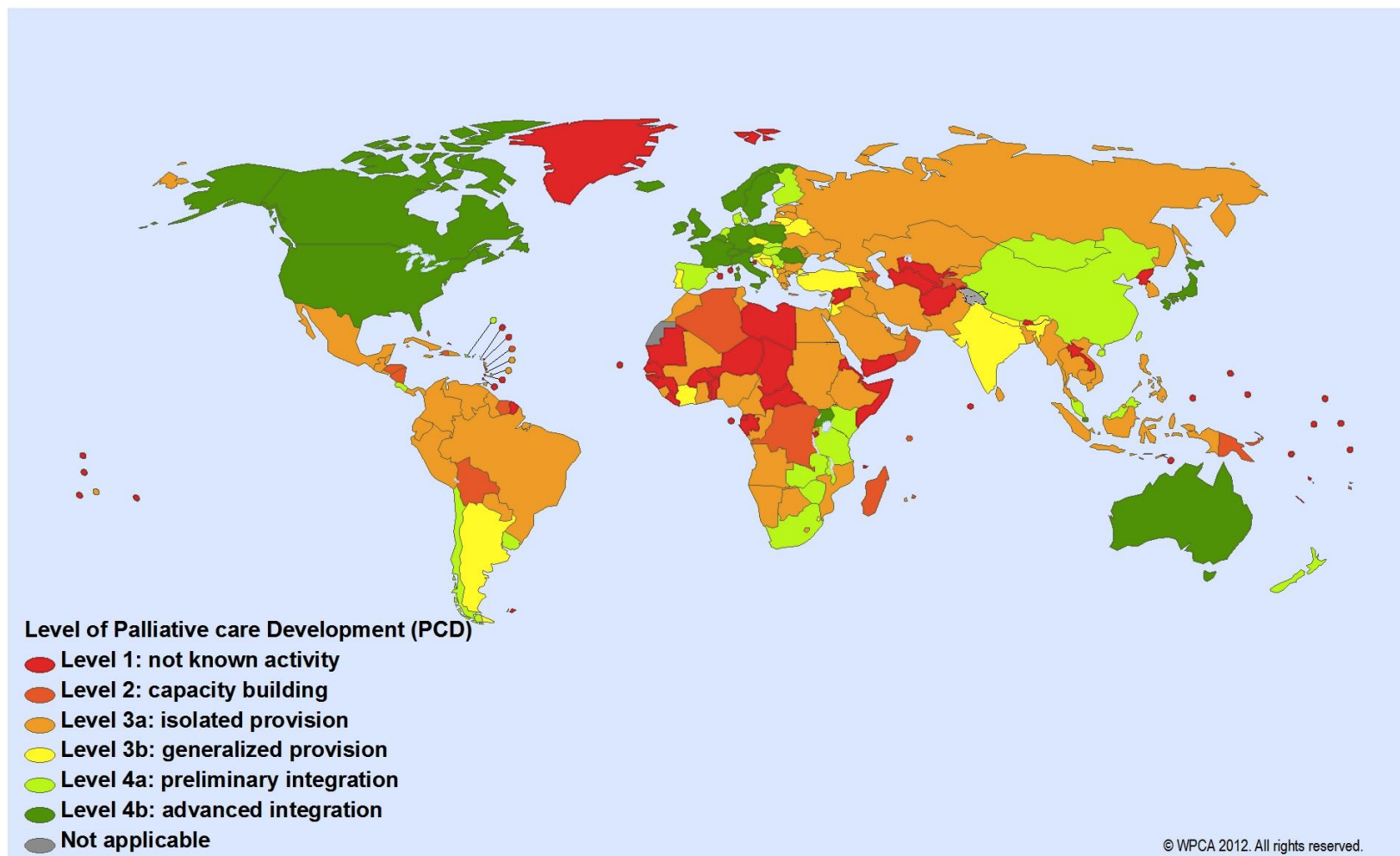
Other Barriers

- Resource barriers
- Political barriers
- Corruption barriers
- Cultural barriers
- Definitional barriers
- Psychological barriers





PC All Levels of Development



Levels of PC Development in the Region (2012)

- Azerbaijan – Group 2
- Armenia – Group 3a
- Iran – Group 3a
- Georgia – Group 3b



Model Palliative Care Programs Globally - Kerala

KERALA TOWER

UNIVERSITY OF CALICUT
MEDICAL COLLEGE

SECOND INTERNATIONAL WORKSHOP ON COMMUNITY PARTICIPATION
IN PALLIATIVE CARE

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നെൽ
കമ്പനി

Model Palliative Care Programs Globally – Tanzania (CHAT)



Model Palliative Care Programs Globally - Barcelona





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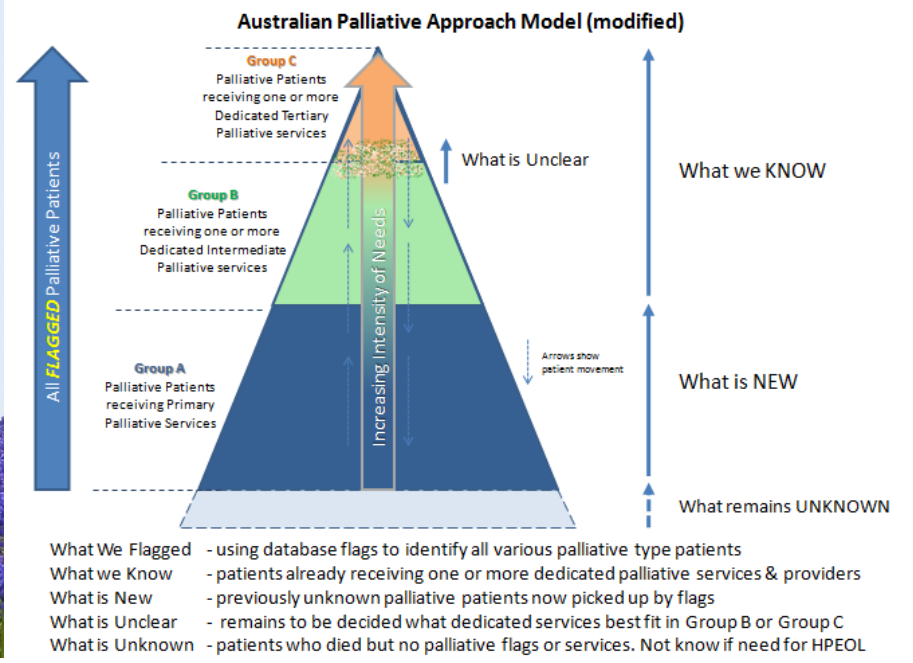
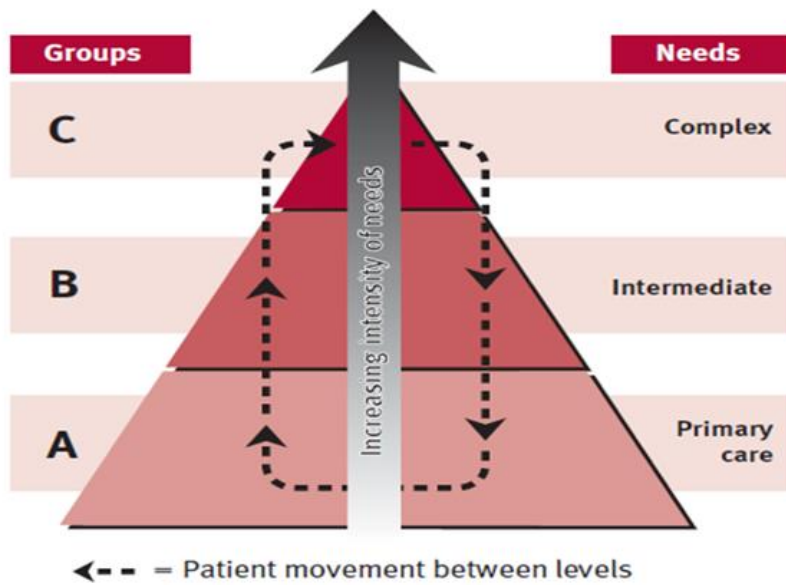
**Model Palliative Care Programs Globally
Tajikistan – Family Health Centers
Aga Khan Foundation**

Levels of Palliative Care Delivery and Training

- Primary – Community Care, Family Medical Center's
- Secondary – Home Based, day care,
- Tertiary – Specialized Services, consult service, inpatient



Australian Population-based Palliative Approach Model



How do we get to a more integrated model of palliative care?

- Increasing the capacity of primary care providers to integrate palliative care (PC) into practice
 - Increased PC education for all health professionals
 - Shifting existing resources from acute to primary palliative care – advanced illness management
 - Increased capacity to deliver home-based care
 - Available, accessible, and affordable medicines



How do we get to a more integrated model of palliative care?

- A national strategy on palliative care implementation, part of Universal Health Coverage continuum
 - Prevention-Promotion-Treatment-Rehab-Palliation
- Public awareness campaign on benefits
- Family caregiver support and education
- Document the value proposition for PC



How do we get to a more integrated model of palliative care?

- Integration of specialized PC into existing health care delivery structures, not stand alone
- Better continuity of care between levels of care
- More community involvement/ownership and volunteerism
- Palliative care as a model for the health care system of the future



Conclusions

- Global access to palliative care is still very limited
- PC should be an essential component of every health care system
- Policy, medicine availability, education, & implementation are key drivers of PC





Thank you!

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For questions about this
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